

Psychodrama and Sociometry

are the theories at the core of this facilities orientation. Developed by J.L. Moreno, M.D. (1889-1974), psychodrama employs guided dramatic action to examine problems or issues raised by an individual or a group. Using experiential methods, sociometry, role theory, and group dynamics, psychodrama facilitates insight, personal growth, and integration at cognitive, affective, and behavioral levels.

Sociometry

is the study of relationships in groups. More specifically, it is the study of attractions, neutralities, and rejections between people. Psychodrama without Sociometry is not Psychodrama. It is the foundation upon which Psychodrama rests.

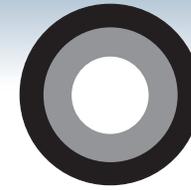
The Mid-South Center for Psychodrama and Sociometry

is committed to providing quality care to those individuals and groups experiencing difficulties in relationships with others and themselves. Assisting participants in reaching goals that they develop is an integral dynamic of our mission. Providing this care at reasonable financial expense has been and will be a continued goal.



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THE MID-SOUTH CENTER FOR
**Psychodrama
& Sociometry**

Create Change

John Rasberry, M.Ed., LMFT, TEP



Register at www.psychodrama-sociometry.com

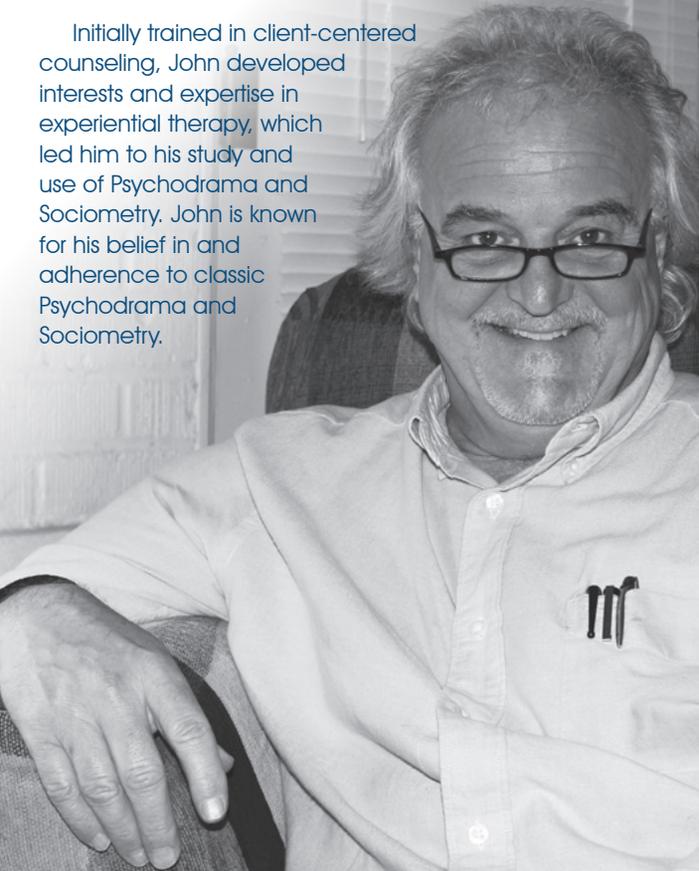
psychodrama-sociometry.com

John Rasberry is one of the principal co-creators of the Mid-South Center for Psychodrama and Sociometry. He is a Certified Trainer, Educator, Practitioner T.E.P. in Psychodrama, Sociometry, and Group Psychotherapy, as awarded by The American Board of Examiners in Psychodrama, Sociometry and Group Psychotherapy. He is also licensed by the State of Mississippi as a Marriage and Family Therapist. John holds a Bachelor of Science Degree in Social Rehabilitation Services and Psychology from the University of Southern Mississippi. He obtained a Masters of Education in Community Counseling from the University of Mississippi.

John is a member of the Mississippi Association of Marriage and Family Therapists. He also is active as a Fellow and past President of the American Society of Group Psychotherapy and Psychodrama. John was the 2011 recipient of the Hannah B. Weiner award by the A.S.G.P.P.

Professionally, John has worked with many different mental and emotional conditions. Included are Chemical Dependency, Depression, Anxiety, Trauma, Sexual Trauma, Relationship Issues, Eating Disorders, Obsessive-Compulsive Disorders, and Adjustment Disorders.

Initially trained in client-centered counseling, John developed interests and expertise in experiential therapy, which led him to his study and use of Psychodrama and Sociometry. John is known for his belief in and adherence to classic Psychodrama and Sociometry.



TRAINING Available

"The Heart Has No Eyes" – Creating Closure in Psychotherapy

\$245.00
Date: June 10-11, 2017
Time: Sat. 9-6, Sun. 9-3
Place: New Orleans, LA

Can emotional hurts be healed? Can healthy attachments be created after abandonment? Does real closure exist? Join us as we attempt to address these questions and provide options for both the practitioner and patient.
CEUs: 13

Unsticking the Stuck Client – Co-Creating Change in the Therapy Room

\$175.00
Date: July 22-23, 2017
Time: Sat. 10-6, Sun. 9-4
Place: Tupelo, MS

Many therapists experience working with a client that does not move forward or backwards. The client appears frozen in the spot they are in. It can be challenging to facilitate movement in a client "stuck!" This training will demonstrate psychodramatic techniques that can create movement.
CEUs: 13

The Three Amigos: Doubling, Role Reversal and Mirroring

\$245.00
Date: August 5-6, 2017
Time: Sat. 9-6, Sun. 9-3
Place: Chicago, IL

These three techniques provide spontaneity and creativity optimum opportunity to develop. This training will offer the participant the time to practice, practice, practice! The student or practitioner cannot be a psychodramatist without competence in utilizing these techniques and equipping the auxiliary to do the same ... in or out of the consultation room.
CEUs: 13

Canon of Creativity – Spontaneity, Creativity, The Cultural

\$175.00
Date: August 26-27, 2017
Time: Sat. 10-6, Sun. 9-4
Place: Tupelo, MS

Conserve will be explored as we develop an understanding of what creates change. This training deals with creating an understanding, both cognitively as well as in action, of one of the major theoretical tenets of psychodrama. A must have for practitioners so that a clear, concise explanation of "why we did what we did" regarding actions we took/take as a director of psychodrama.
CEUs: 13

Central Concern Model of Group Psychotherapy

\$245.00
Date: October 14-15, 2017
Time: Sat. 9-6, Sun. 9-3
Place: St. Louis, MO

The central concern model creates the opportunity for the group to lead itself, to choose which direction to go and to co-create the options they may follow for change. Rooted in sociometry, the central concern model affords the practitioner to actually play the role of a sociometrist rather than simply talk about sociometry. Join us as we learn a new way to "choose" who works and on what.
CEUs: 13

Surplus Reality: Exploring Dreams, Wishes, Fantasies Using PSYCHODRAMA

\$245.00
Date: October 28-29, 2017
Time: Sat. 9-6, Sun. 9-3
Place: New Orleans, LA

Voodoo Festival is timely as we demonstrate the use of action methods to "bring alive" that which can only be imagined. Join us as we use psychodrama to explore the "extra reality!"
CEUs: 13

Spontaneity, Creativity and the Role of the Auxiliary

\$245.00
Date: November 11-12, 2017
Time: Sat. 9-6, Sun. 9-3
Place: Chicago, IL

The art and science of the auxiliary role will be focused on with particular regard to the auxiliaries' effects on spontaneity and creativity of the protagonist and group. We will be developing our competence as the auxiliary and studying the theoretical tenets of this critical role as it is taken, played, and created upon both in and out of the therapy room. Using the auxiliary in conjoint therapy will be emphasized as well.
CEUs: 13

Co-Creating the Concretization

\$220.00
Date: December 2-3, 2017
Time: Sat. 9-6, Sun. 9-4
Place: Memphis, TN

Learning to "concretize" the metaphors and analogies that clients use so often in session will be developed in this training. "Concretize" is a word the practitioner will often hear in psychodrama sessions. You are invited to join us as we create the ability to direct the concretization!
CEUs: 13

